

## Resources for Parents: Parental preview recommended

Compiled by Kathie McCarthy 2021

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Robie Harris: (for parents and kids)

*Its Amazing* (pregnancy and birth for younger kids)

*Its Perfectly Normal* (for older kids about changing bodies and relationships)

[robieharris.com](http://robieharris.com)

Amy Lang: Birds and bees and kids (comprehensive website for parents and teens)

<https://birdsandbeesandkids.com/sex-education-classes/>

Jo Langford (for parents and teens by a father and a therapist)

*Spare me the Talk.*

Also, *The Pride Guide, The Guide to Sexual and Social Health for LGBTQ Youth.*

<https://www.beheroes.net/>

## The following authors identify as queer and/or gender-non conforming

Heather Corinna: Scarleteen (excellent, long-standing, comprehensive - sometimes overwhelmingly informative- website for teenagers and young adults)

<https://www.heathercorinna.com/scarleteen/>

Also: *S.E.X., the all-you-need-to-know sexuality guide to get you through your teens and twenties.*

Isabella Rotman on Consent (for teens and young adults)

*A Quick and Easy Guide to Consent.*

Also: *Wait. What?: A Comic Book Guide to Relationships, Bodies and Growing Up.*

<https://www.isabellarotman.com/consent>

Erika Moen and Matthew Nolan (for teens and young adults)

*Let's Talk About It, The Teen's Guide to Sex, Relationships and Being a Human*

<https://www.penguinrandomhouse.com/books/605726/lets-talk-about-it-by-erika-moen-and-matthew-nolan/>