



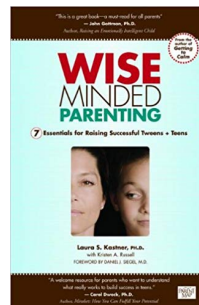
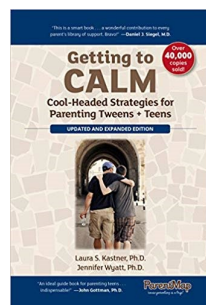
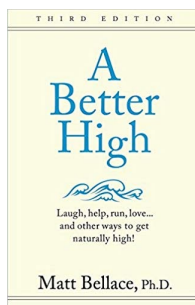
## Raising Resilience Recommends

We have partnered with Eagle Harbor Book Co. to provide easy access to helpful resources for local parents. Visit the **"Raising Resilience Recommends"** section of the Parenting shelf at the bookstore for a selection of titles featured at our past events, or additional ones - selected by our Programming Committee. We will update our recommendations quarterly. Be sure to stop by and check them out!

### Winter 2019 Reads: December

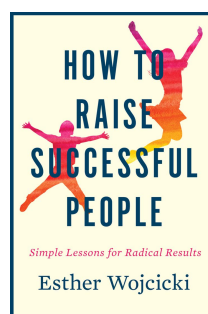
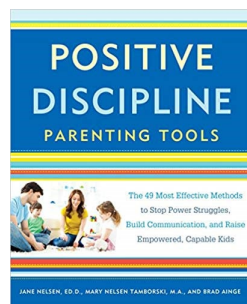
#### BOOK SUGGESTIONS FOR PARENTING TWEENS AND TEENS

Learn about about the teen brain, get inspired to discuss challenging subjects and find solutions together.



#### BOOK SUGGESTIONS FOR PARENTING YOUNG CHILDREN

Discover tools to foster emotional intelligence, effective communication and resilience.



More time to learn and dive deeper? Visit [Parenting Corner](#) on our website to explore articles and highlights from past presentations.